Read. Then, colour what you can do with blue and what you can't do with yellow.
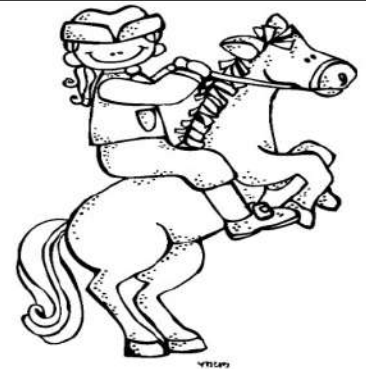
I can / I can't
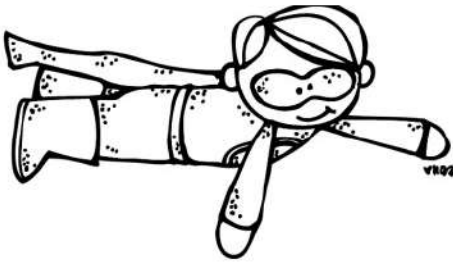
tiptoe	swim	ride horse
fly	paint pictures	sing
make coffee	cook	run
do karate	jump	read books