

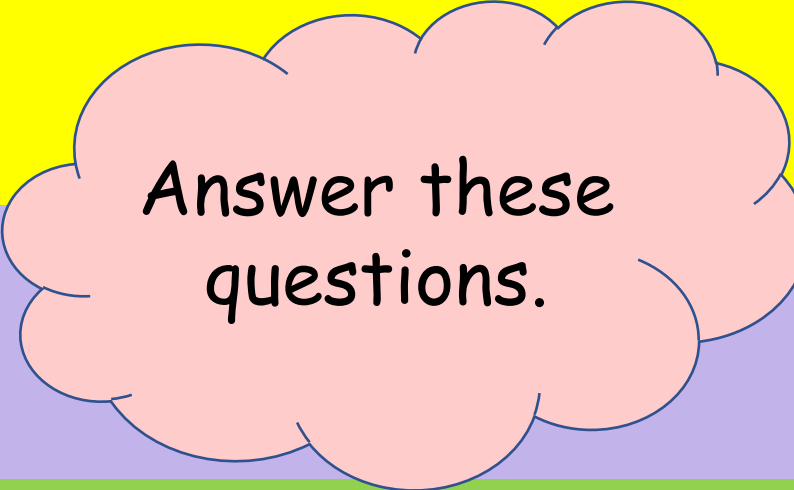
A large red speech bubble with a tail pointing to the right, containing the text "Sessions 16/17".

Sessions

16/17



Where are the kidneys?



Answer these questions.

What do kidneys look like?

What do the kidneys do?

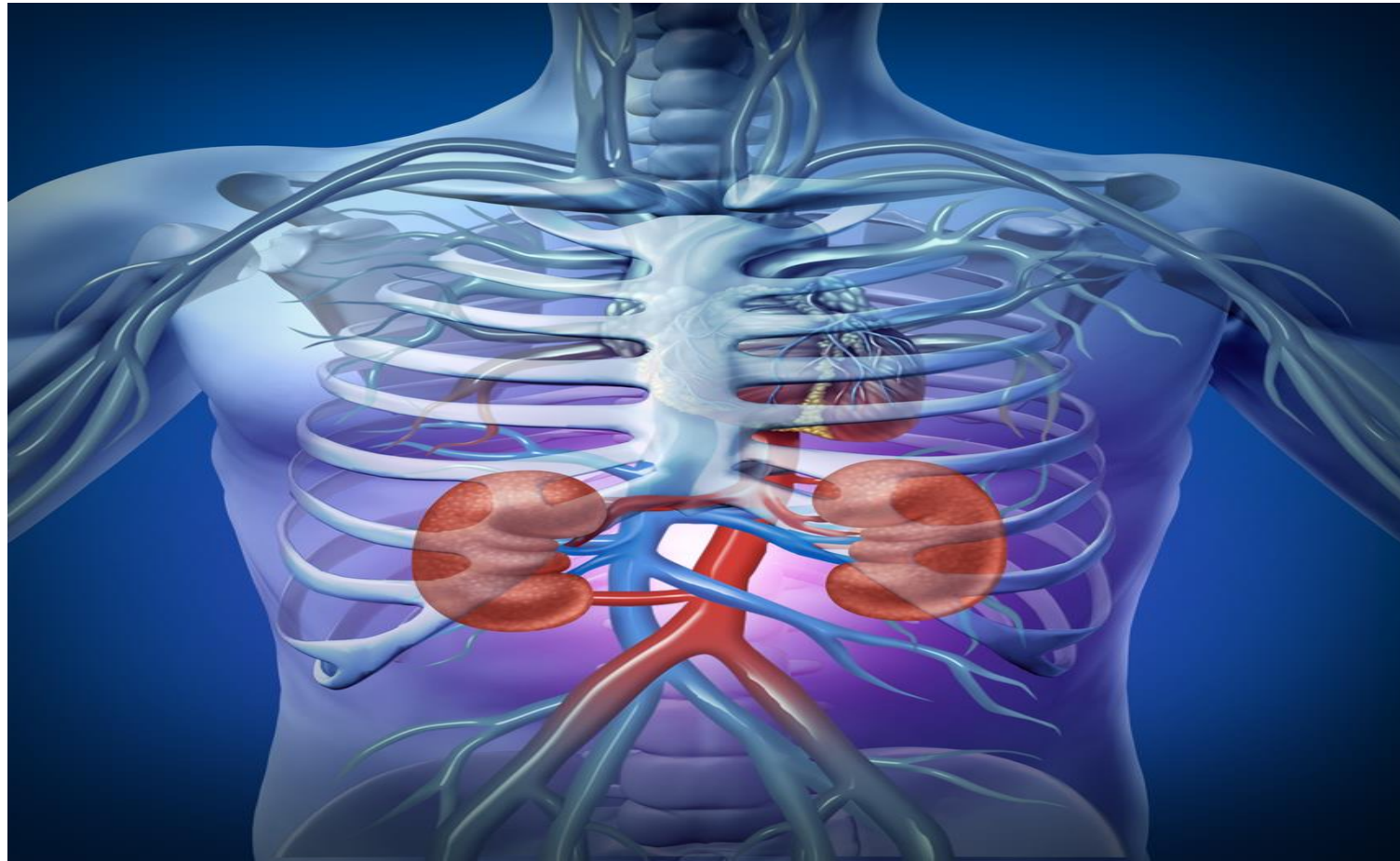
What is "excretion"?

What is "urine"?

How much water does our body need?

If your kidney stops working because of disease,
doctors **can** remove one of them.

Your body can work well with one kidney.




Some people don't have healthy kidneys.
They need to go on a machine that acts like
a kidney.



This machine filters and cleans the blood.
This is called **dialysis**.



How many times does a person need dialysis?
and how long does dialysis take?

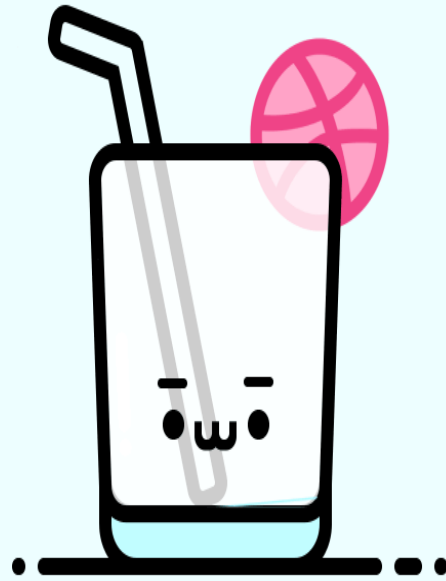


3 days a week



several hours

Exercise
daily!



Drink 6-8
glasses
of water!

Eat less
salt and
fat!

