

## \* 1.5. What do the kidneys do?

The kidneys are found below the **rib cage** at the **back of the body**.

They are a pair of **bean-shaped** organs, in an adult **about** the size of a computer mouse. Healthy adult kidneys **filter the blood** to remove **waste products** and **excess water** from the body.



The process of removing of waste products from the body is called **excretion**. The kidneys excrete a liquid waste product called **urine**. The urine leaves our body when we go to the toilet.