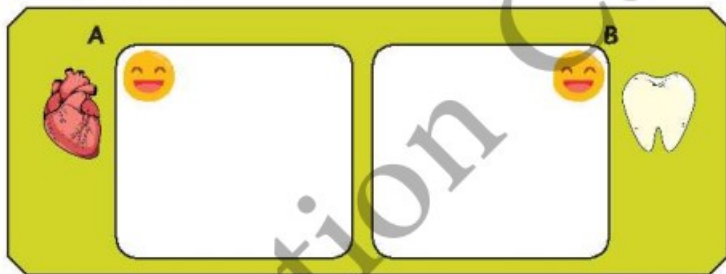


* 4.4. An unhealthy diet

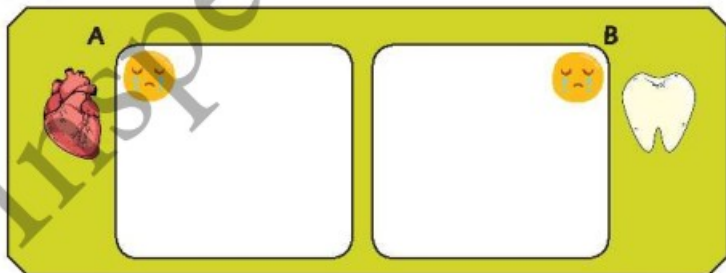
Too much fat is bad for your heart, but exercise can keep your heart strong.

Too much sugar can damage your teeth, but brushing your teeth can help to keep them clean and strong.

Draw things inside shapes A and B that are good for your heart and good for your teeth.



Draw things inside shapes C and D that are bad for your heart and bad for your teeth.



What can you do to keep healthy?