

❖ Read and match.

- a) It soaks up liquid.
- b) It keeps its shape.
- c) Water cannot get through it.
- d) It can be bent.

- rigid
- waterproof
- flexible
- absorbent

1



2

3

4

❖ Read and circle.

1. A dog weighs about 3 kilograms / 25 kilograms.
2. A pineapple weighs about 2 grams / 1 kilogram.
3. Living things can move / cannot move.
4. A tiger / A sheep doesn't eat animals.
5. A book / A rabbit is alive.

protein

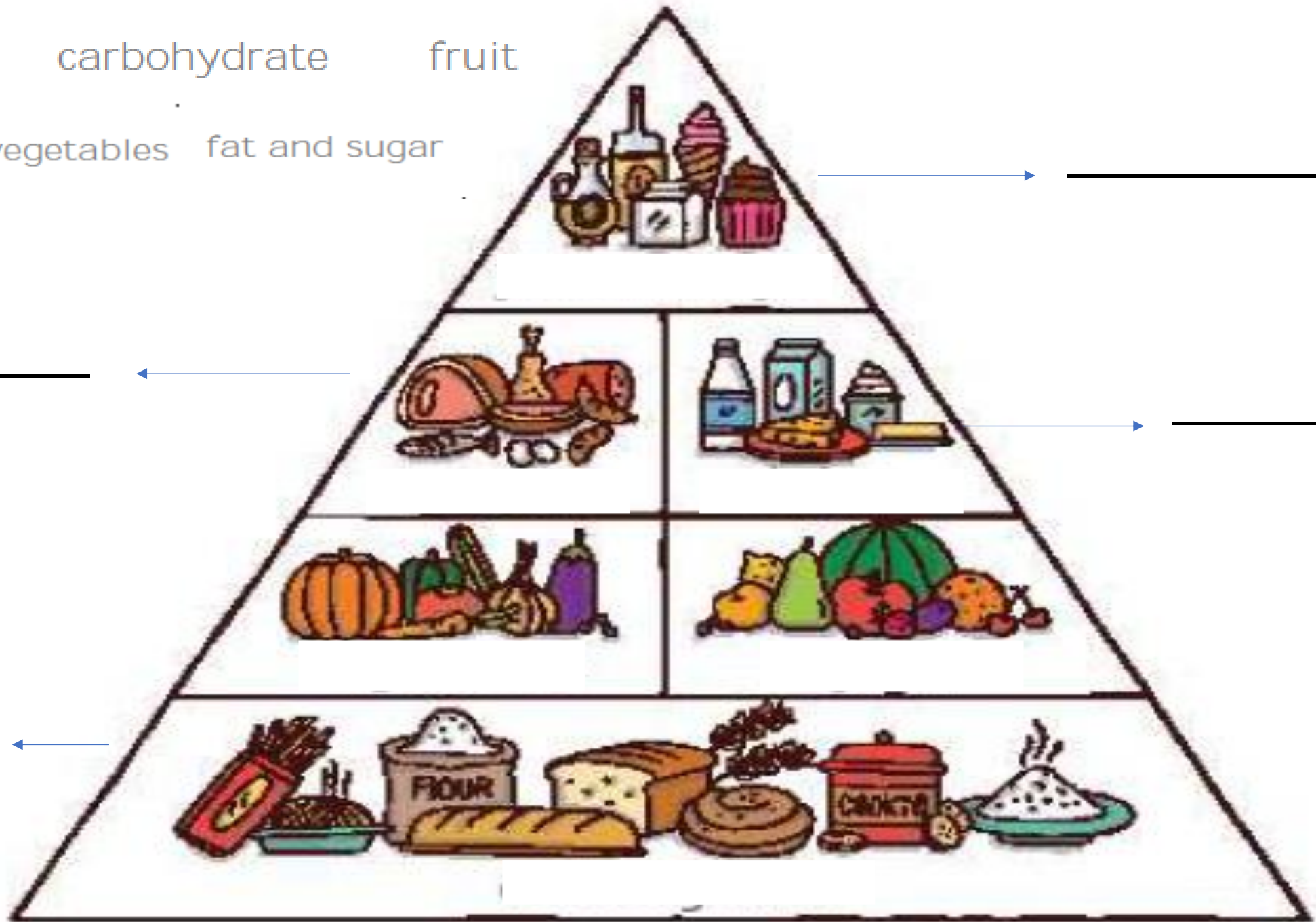
carbohydrate

fruit

dairy

vegetables

fat and sugar



protein carbohydrate fruit
dairy vegetables fat and sugar



Keeps your body healthy. _____

Keeps your bones and teeth strong. _____

Helps you to grow. _____

Gives you energy. _____

Do not eat too much of this. _____

❖ Read and write True or False.

Chocolate is bad for your teeth.

A phone is rigid.

A mirror is smooth.

Leaves help the plant to make seeds.