

Prepare 2(unit 2)

1 Match the photos to the phrases in the box.

EP

brush your hair **h** check your messages **a**
clean your teeth **j** get dressed **c** have breakfast **d**
leave the house **f** prepare your school bag **e**
put on your shoes **i** tidy your room **b** wake up **g**

3 Can you remember Maddie's routine? Complete the sentences with the times in the box. You don't need to use all the times.

6.00 6.30 6.45 6.50 7.00 7.10
7.15 7.30 7.40 8.00 8.10

- 1 My alarm goes off at **6:30**
- 2 I get up at **6:45**
- 3 I clean my teeth at **7:00**
- 4 I get dressed at **7:15**
- 5 I prepare my school bag at **7:30**
- 6 I put my shoes on and leave home at **7:40**

GRAMMAR

Present continuous and present simple

- 1 Look at the examples from the listening. Write *simple* or *continuous*.

Present **simple**

Today, I'm **talking** about my morning routine.

I'm **having** cereal with fruit today.

At the moment, I'm **wearing** my favourite T-shirt.

I'm **leaving** the house now.

I'm **not wearing** my uniform today.

Present **continuous**

I never **have** a shower in the morning.

I always **check** my messages in the morning.

I sometimes **have** toast and butter.

I usually **wear** my uniform.

I **don't** usually **have** a shower in the morning.

2 Complete the rules with the underlined words.

We often use the present simple with words like

never

always

usually

sometimes

We often use the present continuous with words

like

today

now

and

At the moment

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3 Complete the sentences with the correct tense of the verbs in brackets.

- 0 I 'm shopping (shop) at the moment. I can't talk.
- 1 My mum always **cooks** (cook) nice food.
- 2 The teachers usually **give** (give) us a lot of homework on Monday.
- 3 I **Im staying** (stay) at home today. I **Im not going** (not go) to school.
- 4 It's five o'clock now and I **Im watching** (watch) TV with my sister.
- 5 What time **does** your dad usually **Get up** (get up) on a Sunday?
- 6 It's OK, Jack's **Is not sleeping** (not sleep) at the moment. You can go and talk to him.

4 Correct the mistakes in the sentences.

is getting



0 My cousin gets married today.

1 How are you? ~~I write~~ to you to give you some news.

Im writing

2 What ~~do you do~~ at the moment?

Are you doing

3 My brother and I ~~are not going~~ swimming every day.

Do not go

4 My mum ~~is~~ only ~~working~~ in the mornings.

works

5 We usually ~~are eating~~ a big breakfast on Sunday

eat



5 Make sentences with the present simple and present continuous. Use *usually* and *today* or *at the moment*.

0 walk to school / go by bus.

I usually walk to school, but today I'm going by bus.

1 have a sandwich for lunch / spaghetti

I usually have a sandwich, but today I'm having spaghetti

2 watch TV after school / do my homework

I usually watch TV after school, but I'm doing my homework today

3 play football on Saturday / play tennis

I usually play football on Saturday, but I'm playing tennis at the moment

4 get up at seven o'clock / eight o'clock

I usually get up at 7 o'clock, but I'm getting up at 8 o'clock today

5 have a shower / have a bath

I usually have a shower, but I'm having a bath at the moment

Put the words in order to make questions.

1 your / the / moment / friend / what / doing / is / at?

What is your friend doing at the moment?

2 bed / do / go / you / what / usually / to / time?

What time do you usually go to bed?

3 school / do / get / home / how / from / you?

How do you get home from school?

4 sitting / is / teacher / at / down / your / the / moment?

Is your teacher sitting down at the moment?

5 sun / today / shining / is / the?

Is the sun shining today?

6 day / do / every / get / at / same / up / the / time / you?

Do you get up at the same time every day?

Now match the questions to the correct answer.

a No, it isn't.

5

d Yes, he is.

4

b 10 pm.

2

e She's sleeping.

1

c I walk.

3

f Yes, I do.

6

2 Read the texts again. For each question, write *O* (Onni), *D* (Diego) or *A* (Aban).



1 Who says he uses the computer in the evening?

2 Who can choose what he wears to school?

3 Who doesn't have breakfast at home?

4 Who goes to school by car?

5 Who doesn't start school at the same time each day?

6 Who does sport after school?

7 Who has a hot drink in the morning?

VOCABULARY

Food

1 Look at the texts and find these **words**.

0 This is the first meal of the day. *breakfast*

1 This is sweet and you have it at the end of the meal. **dessert**

2 You have this when you don't need a big meal. **snack**

3 You have this meal in the middle of the day. **lunch**

4 This is a drink made from fruit. **juice**

5 This is the last meal of the day. **dinner**

6 This is the largest or most important part of the meal. **Main course**

2

Match the photos to the words in the box.

EP

avocado **P** bread **F** cabbage **I** cereal **K**
cheese **J** cucumber **L** fish **C** fruit **D** honey **G**
hot chocolate **N** jam **B** mango **A** pasta **O** toast **Q**
tomatoe **H** rice **M** vegetables **E** yoghurt **R**



Listen and check. Then repeat.



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UNIT 2

LISTENING

1 Read the poster. What do you think of these tips?



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2 Listen to the radio show. You will hear a woman asking six students about getting up in the morning. Match each student to the correct tip. There is one tip you do not need.

Student 1	Tip A
Student 2	Tip B
Student 3	Tip C
Student 4	Tip D
Student 5	Tip E
Student 6	Tip F
	Tip G



PREPARE TO WRITE

A paragraph about your routine

GET READY Read the three texts in Exercise 1 on page 20 again and find all the examples of *and*, *but* and *or*.

Choose the correct words to complete the sentences.

- 1 We don't get chocolate *or* crisps *or / but* at school.
- 2 I walk to school *but* my brother *but / or* gets the bus.
- 3 I eat lots of fruit *and* drink lots *and / or* of water.
- 4 I like staying up late *but* I can't *but / and* do that during the week.
- 5 I don't like carrots *or* tomatoes. *or / but*

PLAN Make notes about what you do and eat on a typical school day.

WRITE Write a paragraph about it. Look at your notes and the reading texts for ideas. Use *and*, *but* and *or* in your paragraph.

REVIEW In pairs, read your own text and your partner's. Check for mistakes. Give your partner two ideas to make their text better.

Sitting volleyball

1

WR You play this sport on an indoor court. **Players** are in **wheelchairs**. They need a ball. They pass the ball from one person to another.

SV

You play this sport on a court where players sit on the floor. They need a net and a ball. Teams need to hit the ball over the net in three turns using their arms.

2

3

SV

Each team has six players on the **court**. Each team is on a different side of the net.

WR

There are 12 players on a team, but there are only four players on the court for each team at one time. For a goal, the team carries the ball over the opposite team's line and two wheels need to cross the line.

4

5

SV

The net is lower than in the Olympic version. In the Olympic version, the players stand.

WR

The indoor court is smaller than in

3 Read the texts again and complete the table.

	Sitting volleyball	Wheelchair rugby
Where do you play?	¹ Indoor court	² Indoor court
What do they need?	a ball and a ³ net	wheelchairs and a ⁴ ball
How many players are there on a team?	⁵ six	⁶ twelve
How many players from each team are on the court?	⁷ six	⁸ four

4 Find the words **highlighted** in the text and choose the correct meanings, a or b.

1 medal

a a type of ball

b a prize in a sports competition

2 wheelchair

a something people use when they can't walk

b something people use to stand on

3 court

a a place with seats

b an indoor or outdoor area for games

4 player

a a person in a wheelchair

b a person playing a game or sport

5 goal line

a a line you pass to get points

b the number of players on a team





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5 Listen to an interview with Martha Dirksen about a Paralympic sport. What sport does she do?

Wheelchair tennis



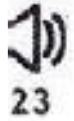
Wheelchair
basketball



Wheelchair
tennis



Wheelchair
rugby



6 Listen again and answer the questions.

- 1 How old is Martha? 11 years old
- 2 Where is the court? Near the school
- 3 What does she want to be in one day? The Paralympic games
- 4 What has her sports hero got? He has a lot of medals
- 5 Where is David Wagner from? The united stats
- 6 Does Martha play tennis on Tuesdays? No, she does not
- 7 Does Martha rest at weekends? No, she has competition