



## Introduction

### IA Vocabulary

#### Likes and dislikes

##### Exercise 1 page 4

I love / I'm really keen on; I like; I don't mind; I don't like;  
I can't stand / I hate

- 1 swimming 2 dancing 3 I don't mind  
4 I like 5 I don't like

##### Exercise 2 page 4

- 1 don't mind 2 love 3 don't mind / quite like  
4 really keen 5 is great 6 can't stand / hate  
7 can't stand / hate 8 terrible 9 isn't bad

##### Exercise 3 page 4

- 1 basketball 2 drawing 3 swimming 4 chess  
5 board games 6 video games 7 cycling  
8 ice hockey 9 volleyball

### IB Grammar

#### Contrast: present simple and present continuous

##### Exercise 1 page 5

- 1 Do you go; don't go; go  
2 Does Sam study; doesn't; studies  
3 teach; teaches; 's  
4 Do your parents work; work  
5 Do you practise; practise; makes

##### Exercise 2 page 5

- 1 Are you having 2 'm calling 3 are staying  
4 are enjoying 5 am planning 6 am relaxing  
7 am running 8 are thinking 9 is shining

##### Exercise 3 page 5

- 1 c 2 e 3 f 4 b 5 d 6 a

##### Exercise 4 page 5

- 1 scores 2 believe 3 is trying 4 is cooking  
5 reads 6 'm watching 7 gets up 8 is coming  
9 plays 10 understand

##### Exercise 5 page 5

- 1 is 2 're having 3 'm enjoying 4 put on  
5 're working 6 has 7 're practising 8 'm trying  
9 'm playing 10 forget 11 believe 12 are travelling  
13 're 14 hope

### IC Vocabulary

#### Describing people

##### Exercise 1 page 6

- 1 long, straight, black 2 short, curly, dark  
3 medium-length, wavy, fair 4 short, straight, dark  
5 long, wavy, dark 6 medium-length, straight, dark

##### Exercise 2 page 6

- 1 boots 2 coat 3 socks 4 tie 5 trainers 6 hoodie  
7 jeans 8 T-shirt 9 gloves 10 dress

##### Exercise 3 page 6

(Possible answers)

- 1 He's got short, straight, dark hair. He's wearing a coat and tie.  
2 She's got shoulder-length, straight, fair hair. She's wearing a dress and gloves.  
3 He's got short, wavy, fair hair and a dark beard. He's wearing jeans, a T-shirt and a jacket.  
4 She's got short, wavy, dark hair. She's wearing dark trousers and a dark jacket.

##### Exercise 4 page 6

- 1 long 2 straight 3 dark 4 scarf 5 jacket  
6 short 7 wavy 8 brown 9 eyes 10 moustache  
11 tie 12 shirt

### ID Grammar

#### Articles

##### Exercise 1 page 7

- 1 d 2 e 3 a 4 c 5 f 6 b

##### Exercise 2 page 7

- 1 the 2 the, - 3 the 4 - 5 -, - 6 -  
7 the, - 8 the, -

##### Exercise 3 page 7

- 1 the 2 a 3 - 4 an, the 5 the 6 - 7 -, an  
8 a 9 the 10 -

##### Exercise 4 page 7

- 1 the 2 a 3 the 4 The 5 the 6 the  
7 a 8 a 9 the

##### Exercise 5 page 7

- 1 There are 2 There is 3 There are 4 there is  
5 There are 6 There are 7 there is 8 there is  
9 There are 10 There is

##### Exercise 6 page 7

- 2 They - There 3 in a football 4 for work  
5 an - a 6 It - There 7 the - a 8 A - The  
9 the - a 10 in geography

# Unit 1 Feelings

## 1A Vocabulary

### How do you feel?

#### Exercise 1 page 8

1 excited 2 relieved 3 cross 4 anxious 5 proud  
6 suspicious 7 bored 8 frightened 9 envious  
10 upset 11 confused 12 shocked

Mystery word: disappointed

#### Exercise 2 page 8

1 extremely 2 very 3 rather 4 a bit 5 a little bit

#### Exercise 3 page 8

2 delighted 3 embarrassed 4 proud 5 upset  
6 anxious 7 frightened 8 relieved

#### Exercise 4 1.02 page 8

1 relieved 2 suspicious 3 envious 4 ashamed

### Transcript

- The other team weren't very good and we quickly scored three goals. But then we relaxed, I think. We thought, 'This is easy! We're going to win. No problem at all.' But then, in the second half, the other team scored three goals, so it was 3-3. And there were only five minutes left. But luckily we managed to score in the last minute and win the match.
- I arranged to meet my boyfriend Jake last night, but he texted an hour before and said sorry, he was busy. I texted back, 'Busy? What are you doing?' 'I'm staying in. Really sorry. See you tomorrow,' he said. But then Sally saw him in town with Lizzie. That's what she said, anyway. So, did he stay in? I don't know.
- There's a boy in my class who's good at everything. He gets top marks in all the subjects and he doesn't seem to work very hard. He's also very good at sport and is captain of the football team. And he's good-looking and popular with the girls! How does he do it?!
- I had a really bad argument with my sister last night. She borrowed my jeans without asking me and I got a bit cross, and she got very upset. I was just tired and wasn't feeling very well. It was silly because we often borrow clothes from each other. I feel so bad about it. I'm going to apologise straight away when I get home.

## 1B Grammar

### Past simple (affirmative)

#### Exercise 1 page 9

1 studied 2 moved 3 looked 4 stopped 5 talked  
6 decided 7 dropped 8 married 9 wanted  
10 died

#### Exercise 2 page 9

1 chose 2 found 3 went 4 stole 5 began  
6 took 7 felt 8 were 9 got 10 spent

#### Exercise 3 page 9

1 was 2 won 3 gave 4 started 5 took  
6 invited 7 had 8 had 9 was 10 said 11 got  
12 answered 13 was 14 was 15 decided 16 gave  
17 said 18 died 19 chose 20 helped

#### Exercise 4 page 9

1 were 2 dropped 3 gave 4 studied 5 spent

## 1C Listening

### Problems, problems!

#### Exercise 1 page 10

1 make 2 have 3 give 4 take 5 made 6 tell  
7 take 8 tell

#### Exercise 2 page 10

2 shouldn't listen 3 should look 4 shouldn't feel  
5 should invite 6 should tell 7 should spend  
8 should go

#### Exercise 4 1.03 page 10

1 a 2 b 3 a

### Transcript

- Ben** Hi, Ellie. How are you?  
**Ellie** Oh, I'm OK, thanks.  
**B** You don't sound very happy.  
**E** Well, to be honest, I'm a bit upset about the school show. It doesn't look like I can be in it this year.  
**B** Why not?  
**E** Because a relative of mine is getting married – and the wedding is on the same night as the first performance.  
**B** That's bad luck!  
**E** I know.
- Leo** Hi, Daisy. What are you up to?  
**Daisy** I'm reading an email from my cousin in Canada. He's planning to visit us next month! I can't wait ...  
**L** That's good news. But I didn't think you got on with him that well.  
**D** I don't. But he's OK.  
**L** I don't understand. You seem really excited ...  
**D** I know – because he's bringing me a DVD of the new Twilight film! It isn't in the shops here, only in America.  
**L** Oh, OK. Now I see. Fantastic!  
**D** I know!
- Molly** Hi, James. What's wrong?  
**James** Oh, nothing. I'm fine, really – just a bit worried.  
**M** Why's that?  
**J** I've got a piano exam this afternoon and I don't think I'm ready for it. I need to practise more.  
**M** Can't you practise now? It's only ten o'clock in the morning. You've got loads of time.  
**J** The problem is, I've got to finish my homework before lunch!  
**M** Oh dear. Can I help at all?  
**J** No, it's OK. I just need to concentrate. See you later!

#### Exercise 5 1.04 page 10

A 5 B 1 C 3 D 2



## Transcript

- A Sophia** Hi, Charlie. You don't look very happy. Is there a problem?  
**Charlie** Well, yes. I just don't know what to do.  
**S** Tell me about it.  
**C** Well, you know I'm in the basketball team ...  
**S** Yes. You're really good!  
**C** Well, I want to stop playing.  
**S** Stop playing? Why?  
**C** I haven't got time. I've got too much schoolwork this year.  
**S** So ... what's the problem?  
**C** I feel bad about leaving the team in the middle of the year.  
**S** Why don't you talk to your team-mates about it?  
**C** I talked to them yesterday. They were really upset! They say they need me in the team.  
**S** Oh dear – I see your problem.  
**C** What can I do?  
**S** I don't know. Sorry!
- B Maisie** Hi, Daniel.  
**Daniel** Oh, hello, Maisie. How are you?  
**M** Oh ... OK, I suppose.  
**D** You don't sound very happy!  
**M** Well, I've got this problem.  
**D** What is it?  
**M** My aunt gave me two tickets to a One Direction concert. It was for my birthday.  
**D** But you hate One Direction!  
**M** I know. That's the problem! I don't want to go to the concert.  
**D** My sister loves One Direction. You can give the tickets to her.  
**M** But what can I tell my aunt? Do you think I should tell the truth?  
**D** Hmm. No, I don't. Just say you went to the concert and enjoyed it.  
**M** Really? Is that OK?  
**D** I think it is, yes. I mean, you don't want your aunt to be upset, do you?  
**M** No. I guess you're right, Daniel.
- C Emma** Hello, Luke. Can I ask you something?  
**Luke** Yes, of course. What is it?  
**E** Well, it's about my science project. We have to hand it in tomorrow – and I only started it today!  
**L** Oh dear. Why?  
**E** Well, I was ill last week. Remember? And then I had a lot of other homework ... I need more time!  
**L** Talk to Mr Woods, then. Ask for more time.  
**E** But my last project was late too. And Mr Woods was really cross with me! So I don't want to ask for more time.  
**L** You haven't got a choice. You can't finish it before tomorrow, can you?  
**E** Well, if I look for something on the internet ...  
**L** Something to copy? No, I don't think you should do that. Just talk to him – that's my advice.  
**E** I can't. You don't understand!  
**L** What are you doing now?  
**E** I'm looking for science projects on the internet.
- D Alice** Hi, George. How are things?  
**George** Oh, hello, Alice. Hmm. Not too good, really.  
**A** Oh no. What's the matter?  
**G** Well, I've got this problem with my Facebook page. I put a photo on it – it's a photo of me on holiday.

- A** Yes. So what?  
**G** Well, a few people made comments. They weren't very nice comments.  
**A** Oh well. That happens sometimes.  
**G** I was really upset.  
**A** You shouldn't be upset. Just forget about it. People do things like that. It isn't nice, but it happens. Don't let it worry you.  
**G** Should I make a complaint to Facebook?  
**A** No, I don't think you should do that. But you should delete the comments. And maybe take the photo down too.  
**G** OK. I can do that now. Thanks for the advice. But I still feel bad.

## Exercise 6 1.04 page 10

- 1 see your 2 just don't know 3 don't sound  
4 guess you're 5 ask you 6 that's my  
7 this problem 8 don't think

## Transcript

See exercise 5.

## 1D Grammar

### Past simple (negative and interrogative)

#### Exercise 1 page 11

- 1 didn't get 2 didn't win 3 didn't feel 4 didn't spend  
5 wasn't 6 didn't give 7 didn't rain 8 couldn't

#### Exercise 2 page 11

- 2 didn't die 3 didn't begin 4 weren't born  
5 didn't say 6 didn't see 7 couldn't 8 wasn't

#### Exercise 3 page 11

- 1 could / couldn't 2 did / didn't do 3 was / wasn't  
4 lived / didn't live 5 made / didn't make  
6 chose / didn't choose 7 went / didn't go  
8 studied / didn't study

#### Exercise 4 page 11

- 1 What 2 Who 3 How often 4 Where 5 Which  
6 Why 7 when

#### Exercise 5 page 11

- 1 How much homework did you do last night?  
2 Who did you travel to school with today?  
3 Where did you meet your best friend?  
4 Who was your first English teacher?

Students' own answers

#### Exercise 6 page 11

- 2 Why did Sam have dinner early?  
3 Who did Mason go to London with?  
4 How many Lady Gaga CDs did Grace listen to?

## 1E Word Skills

### Adjective endings

#### Exercise 1 page 12

- 1 tiring 2 amazing 3 astonished 4 embarrassing  
5 interesting 6 shocking 7 surprised 8 annoyed

**Exercise 2** page 12

1 tiring 2 exhausted 3 shocked 4 worried  
5 frightening 6 confused 7 bored 8 delighted  
9 moving 10 interested 11 astonishing

**Exercise 3** page 12

1 disgusting 2 moving 3 confused 4 exciting  
5 frightened

**Exercise 4** page 12

amuse *vb*, amusing, amused *adj.*, amusement *n.*  
depress *vb*, depressing, depressed *adj.*, depression *n.*  
entertain *vb*, entertaining, entertained *adj.*,  
entertainment *n.*  
relax *vb*, relaxing, relaxed *adj.*, relaxation *n.*  
satisfy *vb*, satisfying, satisfied *adj.*, satisfaction *n.*

Students' own answers

**1F Reading****A painless operation****Exercise 1** page 13

1 bleed 2 burn 3 cut 4 sprain 5 injure 6 broken

**Exercise 2** page 13

1 bruise 2 pain 3 hurts 4 hurt 5 slipped, fell over

**Exercise 3** page 13

1 F 2 F 3 T

**Exercise 4** page 13

A 3 B 1 C 1 D 3 E 2 F 3 G 1 H 3 I 2 J 2

**1G Speaking****Narrating events****Exercise 1** page 14

2 That sounds terrifying! 3 What a cool thing to do!  
4 Really? What a relief! 5 That's amazing!  
6 That sounds like a nightmare. 7 Oh no! What a shame!  
8 You're kidding! 9 That sounds like fun! 12 How  
upsetting!

**Exercise 2** page 14

1 That sounds like a nightmare! Oh no! What a shame!  
You're kidding! How upsetting!  
2 That sounds terrifying! What a cool thing to do! That's  
amazing! You're kidding! That sounds like fun!  
3 That sounds terrifying! What a cool thing to do! That's  
amazing! You're kidding! That sounds like fun!  
4 That's amazing! You're kidding!  
5 Really? What a relief! You're kidding!  
6 Really? What a relief! That's amazing! You're kidding!

**Exercise 3** page 14

1

Who? Alice

Where Alice's house, school, Helen's house

When The last day of the summer holidays, the first day of  
school

2 raise money for charity – next day school in fancy dress  
– joke – noone wearing fancy dress – home to change –  
missed lessons – embarrassed – Alice laughed – teacher  
cross

3 Helen: embarrassed; Teacher: cross

**1H Writing****A description of an event****Exercise 1** page 15

1 She often borrows my clothes, but she never owns  
up to it.  
2 I asked for a seat by the window.  
3 The police officer looked at my passport carefully.  
4 Are you talking about the World Cup?  
5 I found out where my brother hides his diary.  
6 Please put back my pen / my pen back when you  
borrow it!  
7 After his exams, he spent a day in bed just to get  
over them.

**Exercise 2** page 15

1 proud 2 scared 3 upset 4 guilty

**Review Unit 1****Exercise 1** page 16

1 anxious 2 relieved 3 envious 4 disappointed  
5 embarrassed 6 cross

**Exercise 2** page 16

1 frightened 2 confused 3 bored 4 excited  
5 delighted 6 suspicious

**Exercise 3** page 16

1 take 2 tell 3 have 4 take 5 make  
6 give

**Exercise 4** page 16

1 burned 2 sprained 3 fell over, broke 4 slipped  
5 cut 6 hurt

**Exercise 5** page 16

1 a 2 b 3 c 4 b 5 a

**Exercise 6** page 16

1 fascinating 2 bored 3 annoying 4 exciting  
5 amazed 6 disgusting

**Exercise 7** page 17

1 told 2 went 3 had 4 visited 5 had 6 bought  
7 stole 8 reported 9 wanted 10 spent

**Exercise 8** page 17

1 Did you go; didn't go; wasn't  
2 Did you win; didn't win; didn't expect  
3 Did David tell; didn't say; passed; didn't want

**Exercise 9** page 17

1 a 2 c 3 b 4 c 5 a 6 c 7 b 8 a 9 c 10 b



# Exam Skills Trainer 1

## Exercise 1 page 18

1 b

## Exercise 2 page 18

1 DS 2 F 3 T 4 DS 5 T 6 T

## Exercise 4 1.05 page 18

1 B 2 C 3 A 4 B 5 D 6 B

### Transcript

- 1 Many students get very stressed about exams, but there are ways to beat that stress. The first thing you should do is to decide on a routine and a timetable for study and relaxation. When you're working, don't be tempted by computer games, or by checking emails and text messages. Look after your health: eat and sleep properly and get regular exercise. What you do after the exam is important too. Don't get stressed about how well you've done. Walk out of the exam room, and move on.
- 2 Sam Hello, Amy. What's up? You look sad.  
Amy Well, I am. My mum and dad have decided to move to Brighton. They're going to open a gift shop there.  
S Brighton? I love Brighton. It's got a fantastic beach, and loads of great shops and cafes.  
A Yeah, but I've always lived here, and I've got to go to a new school. I'm going to really miss you, and all my other friends.  
S I'm going to miss you too, Amy, but Brighton isn't far. We can visit you.  
A Promise?  
S Yes, of course! Don't worry.
- 3 Hello and welcome. Today, we're talking about Sarah Powers, who recently won a million pounds on the lottery. Now, what do you think she did with all that money? Did she go on a fantastic holiday or buy a new house? No, she didn't. Sarah gave ALL of the money away to charity. She said she didn't need money – she was happy with her life. So what do you think about that? We want to know your views. Phone us on the usual number and tell us ... (fade)
- 4 Lucy Hi, Ben. How was your family party?  
Ben Oh, hi, Lucy. Well, it was OK, but ...  
L What happened?  
B Well, first of all, we were late. The car wouldn't start, and my dad started getting really anxious. In the end we got a taxi.  
L That sounds OK.  
B Yes, but then they played all this really old music at the party, from the eighties, and ...  
L Don't tell me – your mum and dad started dancing!  
B Yes! I was so embarrassed!  
L I know what you mean. My parents do that too!  
B It's horrible, isn't it?
- 5 Can't afford a ticket for Reading Festival this year? We may have the solution. We're looking for young people to come and help us organise one of the best festivals in Britain. There are lots of jobs available, including working on the food stalls, directing traffic in the car park, and picking up rubbish from the site. We pay competitive rates. And even better than that ... you can see all your favourite bands for free! You must be over eighteen, and available on the last weekend in August.

- 6 Good morning, everyone! I hope you're looking forward to the day ahead. I'm afraid the weather's not going to be brilliant. The forecast is for rain and wind, so please make sure you've got your waterproof clothing with you. I recommend waterproof trousers as well as your jacket. Don't forget you will also need to collect some water from the river. I hope you've got your notebooks and pens. There's no need to bring your science project notes from last lesson. You can update those when we get back to school next week.

## Exercise 6 page 19

1 to 2 a 3 do 4 about 5 than 6 the 7 at 8 is  
9 too 10 for

## Unit 2 Adventure

### 2A Vocabulary

#### Landscapes

##### Exercise 1 page 20

1 cliff 2 stream 3 cave 4 waterfall 5 ocean  
6 forest 7 mountain 8 lake 9 hill 10 river  
11 shore 12 volcano 13 desert 14 valley 15 rocks

##### Exercise 2 page 20

1 tall mountain 2 icy stream 3 narrow river  
4 dark cave 5 shallow lake 6 low waterfall  
7 rocky shore 8 deep ocean 9 wide river  
10 steep volcano / waterfall

##### Exercise 3 1.06 page 20

1 waterfall 2 ocean 3 river 4 Lake 5 mountains  
6 volcano 7 desert 8 Valley 9 shore 10 Forest

### Transcript

- 1 In which country is the highest waterfall in the world?  
2 What's the name of the ocean to the east of Africa?  
3 What's the name of the river that flows through London?  
4 In which country is Lake Baikal?  
5 What's the name of the mountains that run along the west coast of South America?  
6 In which country is the volcano Vesuvius?  
7 What's the name of the desert in southern Africa?  
8 In which two continents is the Great Rift Valley?  
9 Which famous American city is on the shore of Lake Michigan?  
10 In which European country is the Black Forest?

##### Exercise 4 page 20

1 Venezuela 2 Indian Ocean 3 the Thames 4 Russia  
5 the Andes 6 Italy 7 Kalahari 8 Africa and Asia  
9 Chicago 10 Germany

### 2B Grammar

#### Past continuous

##### Exercise 1 page 21

1 were having 2 wasn't listening  
3 was lying, was eating 4 were smiling, was taking