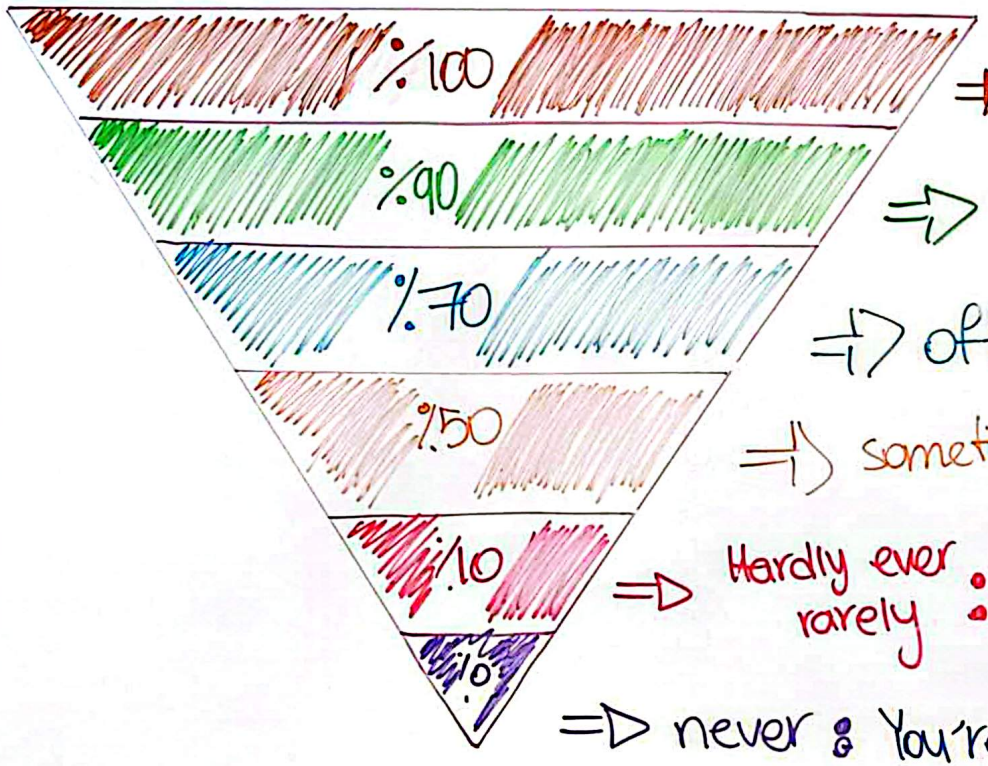
Simple present - Adverbs of frequency



⇒ Always : You're always late. (sub. → to be V.B, adv.)

⇒ Usually : I usually go to the gym after work. (sub., adv., main v.)

⇒ often : He often drives to work.

⇒ sometimes : We sometimes hang out.

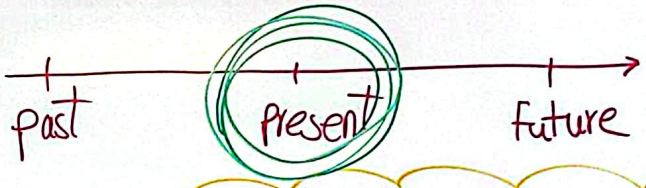
⇒ Hardly ever / rarely : She rarely gets angry.

⇒ never : You're never available when I call.

Adverbs of Time:

* on → Mondays, Tuesdays, ... / the weekends
* In → The morning, the evening / Spring, fall, winter, summer
* every + day, week, summer, year, month, Monday, ...
* once, twice + a week, a year, a month, ...
* Three times, four times, ... + a year, a month, ...

Present continuous



subject + am / is / are + V + ing

Usage:

✓ to describe an action that's ongoing at this moment

– I am teaching English now.

✓ to describe an action that's going on during this time period

– People are adopting more pets these days.

✓ to describe a planned event or action in the future. *

– She's meeting her boyfriend tonight.

– He usually plays the drums, but tonight he's playing bass guitar.

✓ to describe and emphasise on a continuing series of repeated actions

– They're always fighting.

– You're constantly complaining about your mother-in-law.

– My sister's always reminding me to call my parents.

– Tom's always forgetting his keys.

He is visiting his mom tonight.
He's visiting his mom ~.
(–) He isn't visiting his mom =.
He's not ~ ~ ~
(?) Is he visiting his mom =?

important:
✓ She works late on Fridays.
✓ She's working late tonight.

She always works late, but tonight she's leaving early.